

HISTORY AND MISSION

APPPAH illuminates the life-long impact of conception, pregnancy, and birth on babies, families and society. As a scientific and educational non-profit organization our mission is to educate professionals and the public about—and advocate for—the life-changing discoveries made in the area of prenatal and perinatal psychology and health.

The Association was founded in 1983 by Canadian psychiatrist and author Thomas R. Verny as a forum for individuals from diverse backgrounds and disciplines. Active members span the globe and include birth practitioners and health specialists, physicians, counselors and therapists, educators at all levels, parents and civil servants interested in the first period of human development.

A significant portion of current members are therapists who know first hand about the traumatic nature of modern birth and advocate a new era of pregnancy and birth that respects the consciousness of babies and parents and prevents prenatal and perinatal trauma.

Over the last quarter century, members of the APPPAH community have fundamentally redefined the nature of the human pre-nate as an aware, communicative, and vulnerable being; have reset the starting time for parenthood from after birth to before conception; and have revealed the hidden connections between the quality of conception, pregnancy and birth and the quality of individual wellness, public health, and a compassionate society.

We accomplish our mission by creating educational opportunities; publishing a peer-reviewed journal, newsletter, and several directories, and maintaining a website. We also promote research, collaborate with partners, and advocate for the new paradigm of birth.

Attend Our Educational Events

International Congresses have been held every two years in a variety of locations since the first one in Toronto, Ontario in 1983. Recordings of all presentations are available. Since 2004, smaller conferences are held regionally. Watch for new web based educational opportunities.

Read the *Journal of Prenatal and Perinatal Psychology and Health (JOPPPAH)*

Founding Editor Thomas Verny, launched the first issue of the Journal in Spring 1985 and publication has continued without interruption. Over the years JOPPPAH authors have been charting the territory of a new psychology. All Abstracts are listed in PsycINFO, the largest database of psychological literature. Since 2008, full text articles have been available in many libraries around the world through our partnership with ProQuest Information and Learning Co. Also, members of APPPAH can now choose options for limited or unlimited access to Journal issues in print or electronic form.



Explore our website, birthpsychology.com

Since 1996, APPPAH's website has been educating the world about the growing field of birth psychology. In-depth papers and several popular columns cover hot topics of interest to parents and professionals. There are details of past and future educational opportunities to inspire, quarterly issues of *The APPPAH Newsletter* to inform and stimulate, directories to guide, and a specialty bookstore with resources for purchase. Finally, a newly constructed membership circle has the latest membership options and enables you to choose a membership level that meets your personal needs. To become a member, see the reverse or use visit online at:

www.birthpsychology.com

INTERNATIONAL ADVISORS

ARGENTINA
Jorge César Martínez, MD

AUSTRALIA
Sarah J. Buckley, MD

AUSTRIA
Sepp Schindler, PhD

CROATIA
Petar-Kresmir Hodzic, MD

ENGLAND
Michel Odent, MD

FRANCE
Patrice Ellequain

GERMANY
Ludwig Janus, MD

IRELAND
Shirley Ward, MEd

JAPAN
Akira Ikegawa, MD, PhD

ITALY
Gino Soldera, PhD

MEXICO
Renée Guindi

POLAND
Rudolph Klimek, MD

SLOVAKIA
Peter Fedor-Freybergh, MD, PhD

SWITZERLAND
Judith Hollenweger, PhD

THAILAND
Chairat Panthuraamphorn, MD

VENEZUELA
Eva Gundberg, MD

*“Babies remind us that
our fundamental nature
is transcendent - we
come in conscious with
a sense of self.”*

Wendy Anne McCarty PhD
Santa Barbara Graduate Institute

DIRECTORS AND OFFICERS

William Emerson, PhD
President
Petaluma, California

Barbara Findeisen, MFT
Vice-President
Tumacacori, Arizona

David B. Chamberlain, PhD
Treasurer
Nevada City, California

Marti Glenn, PhD
Secretary
Santa Barbara, California

Bobbi Jo Lyman, PhD
Hemet, California

Antonio Madrid, PhD
Monte Rio, California

Veronique Mead, MD
Boulder, Colorado

Jeane Rhodes, PhD
Lakewood, Colorado

Giselle Whitwell, MT-BC
Austin, Texas

Executive Director
Maureen O. Wolfe, CNM, MPA
Forestville, California



HOW TO JOIN

These levels are available worldwide:

STUDENT (with academic ID) \$65.

SENIOR (age 65 or over) \$65. Benefits are:

1. Access to current Journal and Newsletter online
2. Access to Members Circle resources on website
3. Listing in private Membership Registry online
4. Email Alert Service

ELECTRONIC LITE

\$90. one yr; \$180 two yrs; \$270. three yrs

Benefits 1 through 4 plus:

5. Reduced rate to APPPAH Events

FULL MEMBER

\$115. one yr; \$230. two yrs; \$345. three years

Benefits 1 through 5 plus:

6. Printed Journals and full access to Journal Archives
- Bonus for multiple year memberships (See website for list of gifts or contact APPPAH Office.)

Name, Degree/License

Street Address

City, State, Zip,

Country

Telephone

Email

Credit Card Number (Visa or Master Card ONLY)

Credit Card Expiration Date

Please enclose a check made to APPPAH and send to
P.O. Box 1398, Forestville, CA 95436.

Or, apply online at: www.birthpsychology.com

*“What goes on in
the womb before
you are born is
just as important
to who you are
as your genes.”*

Matthew W. Gillman, MD, SM
Harvard Medical School



*“Health and
disease begin
in the womb,
love and hatred
begin in the womb,
and war and peace
begin in the
womb.”*

Laura Huxley
Author and Educator
2003 Verny Prize Winner

APPPAH P.O. Box 1398
Forestville, CA 95436



www.birthpsychology.com
Tel/Fax: 707.887.2838
Email: apppah@aol.com

Association for Prenatal & Perinatal Psychology and Health



APPPAH P.O. Box 1398
Forestville, CA 95436

Tel/Fax: 707.887.2838
Email: apppah@aol.com

www.birthpsychology.com